Pyloric dilatation during gastroscopy

This information is to be read in conjunction with the gastroscopy patient information sheet.

Pyloric stenosis is a condition where the outlet pipe of the stomach has become blocked either because of scarring from peptic ulcers or because of a tumour.

During your gastroscopy, it is possible to stretch this narrowed area by use of a balloon. This relieves the obstruction. This procedure is called pyloric dilation.

What happens during the procedure?
A balloon will be passed through the endoscope, placed across the narrowing and inflated.

This procedure will only be carried out with your consent and you will be asked to sign a consent form.

What are the benefits of pyloric dilation?
Stretching of the narrowed area will hopefully improve your symptoms.

What are the risks, consequences and alternatives associated with this procedure?
Most procedures are straightforward, however as with any procedure there is a small chance of side-effects or complications.

One possible complication is perforation (a small hole of the lining of the stomach or small bowel) which may require urgent surgery. Another complication following dilatation is bleeding.

Therefore it is very important that you contact us if you develop severe pain after the procedure or you notice any other symptoms described in the gastroscopy information.

If you are concerned about any of these risks or have any further queries, please speak to your consultant or one of the team.

Your consultant has recommended this procedure as being the best option. There are no alternative procedures available. However, there is always the option of not receiving any treatment at all. The consequences of not receiving any treatment are that your symptoms will worsen. If you would like more information please speak to your consultant or one of the nurses caring for you.
Important information following the procedure
You must contact us if you develop severe pain after the procedure or you notice any other symptoms described in the gastroscopy information.

Returning to normal activities
You can return to your usual activities after 24 hours.

If you have any queries, or require further information please contact the Endoscopy Unit on 01332 785019.

NHS Direct is a 24 hour nurse led, confidential service providing general health care advice and information.
Telephone 0845 4647 or visit the website at www.nhsdirect.nhs.uk

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Reference Code: P0535/1382/12.2009/VERSION2
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