What is the Haematuria One-Stop Clinic?

This clinic has been set up to save you having repeated visits to the hospital. For most patients, in the course of one visit, all the tests needed to diagnose the cause of the blood in the urine will be undertaken. Occasionally some further tests will be necessary as a result of the findings at the first visit.

In the morning you will have either an x-ray or a scan, (KUB or ultrasound) depending on the type of bleeding you have experienced. Early in the afternoon you will be seen by the consultant urologist or one of his team. You will then be examined and finally an internal inspection of your bladder will be performed.

By the end of your visit you should know the outcome of all your tests and whether anything further needs to be done.

Will I have a KUB or ultrasound scan?

The type of x-ray or scan that you will have depend on the type of bleeding which you have experienced. If you are to have an ultrasound scan, you will also have a plain abdominal x-ray to make sure you don’t have a kidney stone. On occasions additional or alternative tests will be appropriate. It will be explained to you if these are necessary.
Diabetic Information
If you are diabetic please call the X-Ray Department on 01332 788583 to be given special instructions.

Ladies please note:
If you think you may be pregnant please contact the X-Ray Department on 01332 788583.

Where do I go for the morning tests?
Your first appointment of the day will be in the X-Ray Department at the Royal Derby Hospital. The time of your appointment will be sent to you from the X-Ray Department.

Please bring a dressing gown with you if you have one.

You will be asked to drink 1 - 2 pints of fluid before your KUB or ultrasound scan. You may eat as normal.

What happens then?
After you have reported to the reception desk, you will be shown to a special x-ray room where one of the radiologists (a doctor who specialises in x-rays) will see you and carry out the appropriate scan or x-ray.

What happens after that?
Once your tests are complete, please report to the Urology Day Case Unit.
This is so that the nurses can complete the necessary paperwork and obtain urine and/or blood samples.

You may eat and drink normally. Refreshments are available in the main entrance and hospital canteen on level 5 (main hospital).

**Where do I go for the bladder examination?**

Please report to the Urology Day Case Unit reception.

You will be shown to the ward and will be seen by a Urologist. He/she will discuss your symptoms with you and answer your questions.

Following this consultation your urologist will examine your bladder using a flexible cystoscope.

**What is a flexible cystoscopy?**

A flexible cystoscopy is a telescopic examination of the bladder performed under local anaesthetic. During the procedure a fine telescope is passed up the urethra (water pipe) to inspect the inside of the bladder. You will be given a separate patient information sheet on this.
Your results
Following the flexible cystoscopy the urologist will discuss the findings of all your investigations, tell you what has caused the blood in your urine or whether any further tests are needed. You will be able to go home after this.

Will I need to be accompanied?
None of the tests which you will have should be painful, unpleasant or impair your ability to drive. There is no need to be accompanied, but as you will be at the hospital for several hours, you may wish to bring a relative or friend just to chat to and keep you company.

If you are unable to attend your appointment or have any further queries, please contact the Urology Assessment Unit on 01332 785899.

NHS Direct is a 24 hour nurse led, confidential service providing general health care advice and information.

Telephone 0845 4647 or visit the website at www.nhsdirect.nhs.uk
Smoking is not permitted anywhere in the buildings and grounds of Derby’s Hospitals. For advice and support about giving up smoking please call Free Phone 0800 707 6870.